

Newsletter De Vreedzame School



Block 1: We belong together

General

Our school works with the program of De Vreedzame School.

This program aims to contribute to a positive social climate and the formation of active and "involved" citizens.

You as parents and we as teachers have the task of preparing our children for a society, which is complicated. A society in which not only reading and math are important for success, but also social skills.

De Vreedzame School aims to prepare children for this. The school as a mini-society offers the children the opportunity to practice the necessary social skills. With the program of De Vreedzame School, the children learn to deal with each other in a positive way. The children learn to make decisions in a democratic manner and to actively contribute to the atmosphere and the course of events in the group.

This not only promotes the pleasure with which your children go to school, but also creates a working climate in which much can be learned. If you would like to know more about De Vreedzame School, you can of course drop by or visit

www.devreedzameschool.nl

Blocks of the program

De Vreedzame School is a school-wide program.

The program is structured so that the same 6 themes / blocks are covered in all groups:

Block 1 We belong together (about group formation dealing with each other)

Block 2 We solve conflicts ourselves (learning to deal with conflicts)

Block 3 We listen to each other (about communication)

Block 4 We take care of each other (about feelings)

Block 5 We all contribute (about responsibility)

Block 6 We are all different (about differences and similarities).

All groups work on the same themes / blocks at the same time during the school year.

Right at the beginning of the school year the lessons of Block 1 are started.

In grade 8, blocks 5 and 6 differ. Block 5 is about the democratic ABC. The children gain insight into democracy as a form of state, rules and laws. If there are elections in a given school year, the program offers an Election Project following Block 5. Block 6 is about saying goodbye.

Question to a principal:

What is the reason for your school to start working with De Vreedzame School program?

Principal:

What appeals to our team is the positive approach of De Vreedzame School. We do a lot about children's independence and responsibility, and the principles of De Vreedzame School fit perfectly with that.

With the help of this program, we want to strengthen the social climate at school.

Children can do a lot and we want to use that as much as possible.

A school where everyone feels at home. That is the kind of school we want to be.



Tip for home

Six newsletters are sent to parents.

The newsletter keeps you informed of what your child has learned and what your child will learn through the De Vreedzame School program.



What do the children learn?

- The following social-emotional skills are covered in the program:
- Understanding the effect of your own behavior on others.
 - Empathy: the ability be able and willing to put yourself in others.
 - Taking account of others; taking the other take others seriously.
 - Recognizing feelings.
 - Dealing with feelings.
 - Controlling yourself; putting a brake on annoying impulsive behavior.
 - Resolving conflicts through win-win situations.
 - Participating in how some things are arranged in the classroom.
 - Strengthen self-confidence/ positive self-image.

Chat card block 1

All children from grades 1 through 6 will receive during each block a "chatter card". For the preschoolers the front of this card are Monkey and Tiger. These are the hand puppets used in the lessons of The Peaceful School regularly play a leading role. For the other groups an image appropriate to the block. Block 1 of The Peaceful School has the theme: 'We belong together'. In this block we work together on a nice group where everyone knows knows each other and where everyone feels and appreciated.

You can 'chat' with your child about this using the questions on the back of the chat card.

For the preschoolers, for example, you will find the questions below:

- Who did you play with today?
 - Which children are all in your class?
 - What do you like to do at school? Is there anything you don't like?
 - What are the rules and agreements in your group? For example: during eating and drinking, going to the toilet, sitting in the circle, playing and working? Can you demonstrate one?
 - What task have you already done in class? And what task would you like to do?
 - What did you help another child with?
 - What would you like to help with at home?
 - Shall we give each other a boost?
 - Can you show how "Stop! Stop!" goes?
- Lots of chattingfun!

Block 1 We belong together

All groups in the school start with lessons from Block1. During this block, working together to create a positive working climate. In addition to the generally applicable school rules, teacher and children make agreements together on how to treat each other and on how to set up and keep the classroom orderly.

To make a school or class a group, it is necessary that each child has a sense of belonging. Children relate to each other when they know each other well and value each other.

They learn about boosts and detractors. You give a boost when you make a nice, positive comment about someone. "You are so good at helping someone." Bolsters do something to you; for example, they make you happy.

The opposite of a boost is a "breaker. It is an unkind, negative comment about someone. It makes the other person feel unpleasant, for example.

The children learn that everyone should be able to express and defend their opinions and everyone should respect the opinions of others.

To set the atmosphere right from the start, the children have six lessons from the Peaceful School in the first two weeks and attention is paid to it daily. In the other blocks, the children have one lesson each week.

Report from a student:

I quite like it at school.

I have friends, but sometimes kids get bullied too. I don't like that very much. I don't really know what to do then. Fortunately I don't get bullied.

The teacher said that we are going to work with the Peaceful School.

We will learn what to do when you have a fight. We will also learn that you can vote on certain things. I don't know much about it yet. But we are going to learn that.

Report from a student:

My boyfriend is at another school. There they already have the Peaceful School. He is a mediator. He walks around the square wearing a vest. And he has to help other kids when they have a fight. He quite likes it.

In Peaceful School, you get a lesson every week. And sometimes you also have to make something.

The Peaceful School is good for our class. It makes it more fun. That's what my boyfriend says.



We horen bij elkaar